



Local Life Long Learning Lyttelton Harbour & Little River

Parenting Teenagers - Our part in their journey

March 24, 31 and April 7 2009 7.15 – 9.15pm Little River Service Centre

Week 1 A time to pause and reflect on your parenting so far

Week 2 Practicalities of living with teenagers – great strategies

Week 3 A vision for the future

The three week course is an opportunity to review what works well, learn something new and capture some inspiration for the year.

Enrolments are essential so that issues of interest can be planned for.

The course will be facilitated by Diane Matsas, Banks Peninsula community Occupational Therapist. Diane has been involved in Parents Centres NZ and Parenting Inc. Prior to moving to Banks Peninsula she worked part time as a rural youth mental health worker. She now works with children and youth in the Banks Peninsula area and facilitates groups with adults.

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