

Local Life Long Learning Lyttelton Harbour and Little River 2009 – Enrolments Open now for these Term 1 classes

Term 1 classes will begin from the 12th Feb. To enrol simply contact Sue-Ellen Sandilands at Project Lyttelton Ph:328 -9243 or email:office@lyttelton.net.nz or visit www.lyttelton.net.nz enrolments confirmed on receipt of payment.

Lyttelton

Love Your Look – Revamp your wardrobe with Deb's help. Ideas for you, fashion plans, shopping tips, make-up and more. Sure to be fun. Debbie is sought after as a dresser. Don't miss this – she's keen to give back to her community.

Time: Tuesdays 6 - 8pm

Starting Date: 17th February - 31st March 2009

Duration: 7 weeks

Venue: Central Lyttelton – to be confirmed, depends on numbers.

Tutor: Debbie Lawson owner of “Lawson on London” in Lyttelton and “Deval” in Cashel Mall.

Course Fee: \$40.00

Please enrol by Tuesday 10th Feb 2009

Raising Teens: what they REALLY need - our role in their journey, what can we do to help. Plenty of good advice from a well qualified facilitator.

Time & Dates: Monday 2nd, 9th, 16th and 23rd March, 6 – 8.15pm

Venue: Lyttelton Recreation Centre, 25 Winchester Street.

Tutor : Helen Mann manager of GAIN Canterbury and mother of two. Helen has worked for over 12 yrs running programmes and seminars for parents and professionals on parenting and communication issues.

Course Fee: \$40

Please enrol by 9th February 2009

Naturopathy - Medicines from your garden – A great weekend of cooking up tinctures, tisanes, oils and trouble. Take away a full first aid kit from this weekend.

Time: 10am – 4pm

Date: Sat 14th and Sun 15th March

Duration: 12 hrs over 2 days.

Venue: Project Lyttelton Headquarters and garden, 54A Oxford Street, Lyttelton

Tutor Valmai Becker – Valmai has 30 years experience in the profession of Natural Medicine, and has taken many classes so knows what works well. She is currently establishing a Medicinal Plant Farm called Phytofarm, meaning a farm for plants, in the Okuti Valley, Little River.

Course Fee: \$40.00 + \$22.00 for materials

Please enrol by 6th March 2009

Diamond Harbour

Parenting School Children 6 – 12 yrs - Available to all to learn skills around raising and caring for our young Tamariki. Methodist Mission - Wise Up Programme

Time: 9.30 – 11.30am
Date: Wed 18th - 25th February
Duration: 1 week
Venue:
Tutor: Beverly and Maja
Course Fee : Donation

Senior Net – A highly recommended course exclusively for people of 55yrs and over, taught by trained members of Senior Net Canterbury. Learn to word process, email and manage files in this first package of Senior Net training.

Time: 10am - 12noon
Starting Date: Tuesday 17th February or 24th March
Duration: 4 weeks
Venue: Mt Herbert Church hall
Tutor: Senior Net members
Course Fee : \$30.00
Please enrol by 10th February 2009

Little River

Using your Digital Camera and Computer - Introductory techniques and assistance with personal projects.

Time: Thursdays 7 - 9pm
Starting Date: 12th February
Duration: 8 weeks
Venue: Little River Service Centre
Tutor: Bryan Morgan
Cours Fee : \$40.00
Laptops available during lesson
Please enrol by 5th Feb 2009

Parenting Teenagers: our role in their journey – a three week programme with a follow up 4th session.

Time: 7.15 – 9.15pm
Date: Tuesdays March 24th and 31st , April 7th and follow up to be decided with participants.
Duration: 3 weeks with follow up.
Venue: Little River service centre.
Tutor: Diane Matsis . Diane is an occupational therapist with many years of experience and has come highly recommended as a tutor for this course. Diane has been the national President of Parents Centres NZ and has worked for “Parenting with Confidence” She has also been a facilitator of the Parenting Inc Toolbox parenting courses.
Course Fee : \$20.00
Please enrol by Tuesday 10th March 2009

For all enquiries call Sue-Ellen Sandilands - Project Lyttelton on 328 9243
office@lyttelton.net.nz or visit our website www.lyttelton.net.nz